

## میزان بروز میکروآلبومینوری و عوامل خطر همراه در بیماران دیابتی نوع ۲

\*

چکیده

مقدمه:

( )

%

روش‌ها:

/ ± / / ± /

(HbA<sub>1c</sub>)

یافته‌ها:

( / / % ) « » /  
( P < / / )

نتیجه گیری:

واژگان کلیدی:

\* نشانی:

emrc@mui.ac.ir:

:

مقدمه

%  
% [ ]

HbA<sub>1c</sub> [ ] %

( ) (BMI) ( )  
/  
/  
[ ] [ ]

(7<sup>th</sup>JNC) Serventh report of the joint ( )  
) [ ] national committee

(

روش‌ها

HDL WHO  
Chem enzyme

) LDL  
(

[ ] ATP3 . [ ]

(

LDL

HDL

(HbA<sub>1c</sub>)

Ione exchange)

DSS

(chromatography

[ ] ( )

WHO

[ ] ( )

Analyzer Medical System)

t-student

) Randox

(

جدول ۱- میانگین و انحراف معیار متغیرهای کمی مورد مطالعه در بیماران دیابتی نوع ۲ با و بدون میکروآلبومینوری در مدت پیگیری

با آلبومینوری	بدون آلبومینوری	
/ ± /	/ ± /	سن <sup>†</sup> (سال)
/ ± /	/ ±	BMI <sup>†</sup> (kg/m <sup>2</sup> )
/ ± /	/ ± /	مدت ابتلا* ( )
/ ± /	/ ± /	HbA <sub>1c</sub> * ( )
/ ± /	± /	قند خون ناشتا* (mg/dl)
/ ± /	/ ± /	قندخون ۲ ساعت بعد از غذا* (mg/dl)
/ ± /	/ ± /	کراتینین* (mg/dl)
/ ± /	/ ± /	کلسترول تام <sup>†</sup> (mg/dl)
/ ± /	/ ± /	تری گلیسرید <sup>†</sup> (mg/dl)
/ ± /	/ ±	LDL-C <sup>†</sup> (mg/dl)
/ ± /	/ ± /	HDL-C <sup>†</sup> (mg/dl)
/ ± /	/ ± /	فشار خون سیستولی* (mm/Hg)
/ ± /	/ ± /	فشار خون دیاستولی* (mm/Hg)
		*(P < / )
		†(P > / )
		± ± **

P < /

SPSS

جدول ۲- انسیدانس و خطر نسبی میکروآلبومینوری در رابطه با عوامل خطر مورد بررسی

جنس	تعداد کل	آلبومینوری	شخص - سال	انسیدانس در هزار	فاصله اطمینان ۹۵٪
			/	/	
			/	/	( / / ) / *
گروه سنی (سال)					
<			/	/	( / / ) /
			/	/	( / / ) /
≤			/	/	( / / ) /
مدت ابتلا به دیابت (سال)					
≤			/	/	( / / ) *
<			/	/	( / / ) / **
BMI (kg/m <sup>2</sup> )					
≤			/	/	( / / ) /
>			/	/	( / / ) /
HbA <sub>1</sub> C (درصد)					
≤			/	/	( / / ) / *
≤			/	/	( / / ) / *
پرفشاری خون					
			/	/	( / / ) / §
رتینوپاتی					
			/	/	( / / ) / §
درمان					
			/	/	( / / ) /
سیگار					
			/	/	( / / ) /

\*P < /

\*\*P < /

§P < /

†

HbA<sub>1c</sub>

یافته‌ها

(%) (%)  
/ ± /  
/ ± /  
(P < / / ± / / ± /)

بحث

(%)  
% ) " " /  
(  
( P < /

HbA<sub>1c</sub>

[ ]  
/ [ ] Nelson [ ]  
% / % /  
LDL-C % /  
[ ]

جدول ۳- متغیرهای مستقل تعیین کننده میکروآلبومینوری در بیماران دیابتی نوع ۲

فاصله اطمینان ۹۵٪ (CI)	ضریب شانس (OR)
/ /	/ *( )
/ /	/ *( )
/ /	/ ** (mmHg)
/ /	/ **

CI: Confidence interval  
OR : odds Ratio

\*P < /  
\*\* P < /

[ ] .

[ ] Harris

[ ] .

[ ] .

[ ]

[ ] .

[ ] .

[ ]

[ ] .

### مآخذ

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